

NDB offers consultation and assessment validation services associated with the HITRUST CSF and HITRUST CSF Assurance Program for healthcare organizations located in Austin, Dallas, Houston, and San Antonio, Texas. As the Lone Star State's leading provider of HITRUST services, NDB can help with all areas relating to HITRUST CSF compliance and certification, beginning with a HITRUST CSF scoping & readiness assessment by competent External Assessors, writing your policies and procedures, and much more.

Call NDB today at 512-522-4943 (Austin), 214-272-0967 (Dallas), or at 713-331-5492 (Houston) to learn more about NDB's HITRUST services, or email us at hitrust@ndbcpa.com to discuss your HITRUST CSF compliance needs.

## Texas' Leading Firm for HITRUST CSF Compliance & Certification

NDB has spent years working in the Texas healthcare industry, starting with HIPAA compliance almost two decades years ago. As a result of our expertise, we've developed a highly efficient and seamless healthcare practice that keeps costs low – and services high – in today's world of growing regulatory compliance expenses. As such, NDB offers HITRUST services as fixed-fees.

# 6 PHASES OF HITRUST CSF COMPLIANCE & CERTIFICATION FOR TEXAS HEALTHCARE ENTITIES



PHASE 2
Perform a
HITRUST CSF
Readiness
Assessment

PHASE 3
Perform
Documentation
Remediation

PHASE 4
Perform
Operational
Remediation

PHASE 5
Completion of
CSF & Certification
Process

PHASE 6
Monitoring of
Controls for
Continued
Compliance



When it comes to HITRUST CSF compliance & certification services for Texas healthcare organizations located in Austin, Dallas, and Houston - and anywhere else in the Lone Star State - NDB is the name you need to know.

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#### Find an Authorized HITRUST External Assessor

Looking for a HITRUST External Assessor with years of healthcare expertise, then consider NDB. We cut our teeth in the healthcare arena way back in 1996 as we worked to implement HIPAA requirements for businesses all throughout Austin, Dallas, and Houston. Fast forward to today, we're now working with healthcare organizations all throughout the Lone Star State to achieve – and maintain – HITRUST CSF Certification. Sure, there are a number of highly qualified HITRUST External Assessors in Texas – and NDB is one of them. Give us a call today and let's discuss how we can help.

NDB has the skills & expertise in helping Texas healthcare organizations with all facets of HITRUST CSF Certification, from an initial scoping & readiness assessments, remediation, to the actual HITRUST CSF certification process, and more.



### Perform a HITRUST CSF Readiness Assessment

Getting off on the right foot in terms of HITRUST CSF compliance starts by undertaking an actual HITRUST Readiness Assessment, one performed by competent and knowledgeable auditors. With NDB, we have not only an excellent understanding of the HITRUST CSF framework, we also have a list of common gaps and areas of deficiency that will require remediation. In short, we clearly know many of the challenges with HITRUST before even inspecting one's control environment. Three benefits of performing a HITRUST Readiness Assessment with NDB are the following:

#### 1. Scope:

The HITRUST CSF framework is large, and because not all healthcare providers are the same in terms of businesses services, their scope for HITRUST will thus be different – that's important to note. NDB can help properly scope HITRUST for healthcare organizations all throughout Texas, in Austin, Dallas, Houston, and San Antonio.

#### 2. Documentation is Critical:

Policies and procedures are a big part of today's growing regulatory compliance mandates – and that holds true for HITRUST CSF compliance and certification.

### **3. I.T./Security Remediation is Essential:**

To properly ensure the safety and security of consumer health information, one's information systems need to be correctly configured and provisioned.



### **Documentation Remediation (Policies and Procedures)**

Becoming HITRUST CSF Certified requires healthcare organizations to develop a wide-range of information security policies and procedures, that's just the nature of today's growing compliance frameworks. Policies and procedures can take time to develop – no question about it – and with NDB's vast experience in the healthcare arena – and in authoring policies and procedures – we can assist your organization in this all-important area.

With many areas in the HITRUST CSF framework requiring policy documentation, it's important to identify what documents you need, and the strategy for developing them. NDB can help in implementing a proven game plan for essential policy writing services and solutions. Policies take time to right, and NDB can assist.



### **Operational Remediation**

There are also many areas within the HITRUST CSF framework that require operational remediation. Perhaps it's performing a risk assessment, undertaking security awareness training, or some other type of remediation that goes beyond basic policy writing. This is where healthcare organizations in Texas will need to do a little bit of what we call "heavy lifting".



### **Achieving HITRUST CSF Certification**

To become HITRUST CSF compliant, healthcare organizations will need to work within the HITRUST MyCSF portal in uploading a wide-range of evidence. This is where an experienced HITRUST consultant (or external assessor) can assist as needed.





### **Monitoring of Controls for Continued HITRUST CSF Compliance**

Achieving HITRUST CSF compliance is a big step in the right direction, and a good one, but keep something in mind. Healthcare organizations will need to continue to monitor their controls on a regular basis for ensuring full compliance. This can be a challenging endeavor as monitoring takes time. With NDB, we can help develop an actionable and seamless monitoring platform that's gives you confidence of your control environment. In terms of monitoring, think about the following:

### **Updating Policies**

Who is responsible for updating policies & procedures and other supporting documentation, on a regular basis?

### **Inspecting and Validating**

Who is responsible for inspecting and validating critical security and operational controls on a regular basis?

#### Resolution

If exceptions are found in the monitoring process, what's the next step for resolution?

Just a few things to consider when it comes to HITRUST CSF compliance and the need for continuous monitoring of one's controls. **Contact us today to learn more about NDB's monitoring solutions for HITRUST** 

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Along with offering HITRUST CSF compliance and certification, NDB also offers SOC 1 and SOC 2 audits, PCI DSS onsite assessments, HIPAA compliance, and so much more. Let us help you become compliant quickly and cost-effectively with many of today's growing compliance requirements. With NDB, Texas businesses now have a one-stop shop for all of their growing regulatory compliance needs. With fixed-fees and superior services, we are the Lone Star State's leading provider of high-quality audit and attest services. Let's talk today about how NDB can take your compliance game to the next level.